



Live 4 You

(Regina Belle, Jamie Jones, Jack Kugell, Monte Neuble, Robert Louis Daniels), GinjabelleMusic, (BMI) / EMI Blackwood INC / Mimi's Music Man Productions, (BMI) / Doxie Music, (ASCAP) / Dnique Music, (BMI) / BMG Chrysalis / Big Kidd Music, (BMI)
 Produced and Arranged by: Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble and Tim Stewart
 Vocals Produced and Arranged by Jamie Jones & Jack Kugell
 Drum and Bass programming: Jamie Jones & Monte Neuble
 Keys and Synths: Monte Neuble
 Guitars: Tim Stewart
 Background Vocals: Regina Belle
 Mixed by Brian "B Luv" Thomas
 Recorded and Mixed at The Heavyweights Studios, North Hollywood, CA

You Saw The Good In Me

(Jamie Jones, Lamont Neuble), EMI Blackwood, INC / Mimi's Music Man Productions, (BMI) / Dnique Music, (BMI)
 Produced and Arranged by: Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble and Tim Stewart
 Vocals Produced and Arranged by Jamie Jones & Jack Kugell
 Drum programming: Jamie Jones
 Keys and Synths: Monte Neuble
 Bass: J.J. Smith
 Guitars: Tim Stewart
 Background Vocals: Natalie Valdez, Taylor Beckham & Jamie Jones
 Mixed by Brian "B Luv" Thomas
 Recorded and Mixed at The Heavyweights Studios, North Hollywood, CA

Open Our Eyes

(Jamie Jones, Jack Kugell, Regina Belle, Darrell Crooks), EMI Blackwood, INC / Mimi's Music Man Productions, (BMI) / Doxie Music, (ASCAP) / GinjabelleMusic, (BMI) / Darrell Crooks Publishing, (BMI)
 Produced and Arranged by: Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble and

Tim Stewart
 Vocals Produced and Arranged by Jamie Jones & Jack Kugell
 All Drum, Bass, Keys and Synth programming: Jamie Jones
 Guitars: Darrell Crooks
 Background Vocals: Regina Belle, Natalie Valdez & Jamie Jones
 Mixed by Brian "B Luv" Thomas
 Recorded and Mixed at The Heavyweights Studios, North Hollywood, CA

A Night Of Love

(Jamie Jones, G'harah "PK" Degeddingseze), EMI Blackwood INC / Mimi's Music Man Productions, (BMI) / Songs of Universal, Inc. / Jogloe Music Publishing, Milesetta Lake Music, (BMI)
 Produced and Arranged by: Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble, Tim Stewart and G'harah "PK" Degeddingseze
 Vocals Produced and Arranged by Jamie Jones & Jack Kugell
 Drums programming, Bass, Keys and Strings: PK
 Acoustic Piano: Roy Crayton
 Additional Strings, French Horns: Monte Neuble
 Mixed by: Brian "B Luv" Thomas
 Recorded and Mixed at The Heavyweights Studios, North Hollywood, CA

Be Careful Out There

(Steve Diamond, Allen Shamblin, Teri and Steve's Music, (ASCAP) / Built On Rock Music, (ASCAP)
 Produced and Arranged by: Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble and Tim Stewart
 Vocals Produced and Arranged by Jamie Jones & Jack Kugell
 Drums, Keys and Synths: Monte Neuble
 Guitars: Tim Stewart
 Bass: J.J. Smith
 Mixed by Brian "B Luv" Thomas
 Recorded and Mixed at The Heavyweights Studios, North Hollywood, CA

The Day Life Began

(Jamie Jones, David Frank, Guy Sebastian), Mimi's Music Man Productions, (BMI) / Universal Music Corp / Canyon Reverb Music, (ASCAP) / Guy Sebastian (control) (APRA/BMI)
 Produced and Arranged by: Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble and Tim Stewart
 Vocals Produced and Arranged by Jamie Jones & Jack Kugell
 Piano: David Frank
 Drums, Bass, Keys and Synths: Monte Neuble
 Guitar: Tim Stewart
 Background Vocals: Regina Belle & Jamie Jones
 Mixed by Brian "B Luv" Thomas
 Recorded and Mixed at The Heavyweights Studios, North Hollywood, CA

He's Alright

(Regina Belle, Jamie Jones, Jack Kugell, Monte Neuble, Tim Stewart), GinjabelleMusic, (BMI) / EMI Blackwood, INC / Mimi's Music Man Productions, (BMI) / Doxie Music, (ASCAP) / Dnique Music, (BMI) / Fortiara Music, (BMI)
 Produced and Arranged by: Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble and Tim Stewart
 Vocals Produced and Arranged by Jamie Jones & Jack Kugell
 Drum, Bass Keys and Synths: Monte Neuble
 Live Bass & Guitar: Tim Stewart
 Background Vocals: Regina Belle & Jamie Jones
 Mixed by: Brian "B Luv" Thomas
 Recorded and Mixed at The Heavyweights Studios, North Hollywood, CA

You Know How To Love Me

(Reginald G. Lucas, James Mtume), Sony/ATV Melody, (BMI) / Universal Music Careers, (BMI)
 Produced and Arranged by: Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble and Tim Stewart
 Vocals Produced and Arranged by Jamie Jones & Jack Kugell
 Drums and Keys Strings and Synths: Monte Neuble &

Jamie Jones
 Guitars: Tim Stewart
 Bass: J.J. Smith
 Background Vocals: Regina Belle
 Mixed by Brian "B Luv" Thomas
 Recorded and Mixed at The Heavyweights Studios, North Hollywood, CA

Imperfect Love

(Regina Belle, Jamie Jones, Kimberly Brewer), GinjabelleMusic, (BMI) / EMI Blackwood, INC / Mimi's Music Man Productions, (BMI) / Kimberlily Publishing Co, (ASCAP)
 Produced and Arranged by: Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble and Tim Stewart
 Vocals Produced and Arranged by Jamie Jones & Jack Kugell
 Drum, Bass & Keys programming: Jamie Jones
 Additional Keys, Bass & Synths: Monte Neuble
 Guitars: Tim Stewart
 Background Vocals: Natalie Valdez & Jamie Jones
 Mixed by Brian "B Luv" Thomas
 Recorded and Mixed at The Heavyweights Studios, North Hollywood, CA

You

(Jamie Jones, Jack Kugell, Monte Neuble), EMI Blackwood, INC / Mimi's Music Man Productions, (BMI) / Doxie Music, (ASCAP) / Dnique Music, (BMI)
 Produced and Arranged by: Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble and Tim Stewart
 Vocals Produced and Arranged by Jamie Jones & Jack Kugell
 All Drums, Bass, Keys and Synths: Monte Neuble
 Guitars: Tim Stewart
 Live Piano: Dan Orlando
 Background Vocals: Natalie Valdez & Jamie Jones
 Mixed by Brian "B Luv" Thomas
 Recorded and Mixed at The Heavyweights Studios, North Hollywood, CA

***Heavenly** To my Lord and Savior Jesus Christ thank you for interceding on my behalf to do what I couldn't do for myself, saving my soul. Thank you also for strength, courage, messages from you and the honesty to do this music thing one more time. To both my church homes, Spread The Word Church Ministries, and New Shield of Faith Christian Ministries your prayers continue to keep me balanced and focused on the will of God over my life. I love and thank ya'll.

***Home** To my parents who've been married almost 60 years thank you for being in love and staying together. To my mocha, my best friend, husband and my Pastor I'm so proud of you in all that you do for our family and Gods kingdom. I hope that you hear my pride in each song. My children, Winter, Tiy, Jayln, Sydni and Nyla walk in the light of God and even when I'm not physically there for you, you will all be fine! I love y'all. -Mama. Bernie my brother and my first challenge to be better in my musical life, do you like this project? You know I really always need your approval.

***Field** Ivy Taylor you're not only my sister from another mother but, you're a spiritual covering that most folks are jealous of. Brian Springle thanks for helping to keep me together at home as well as all over the world. We've come through many years together. Mervyn Dash had it not been for your willingness to step out on faith with me this story could be very different. Thank you for helping me to turn a huge page in my life.

***Business** Andi Howard what can I say but how grateful I am that you thought of me once again to make wonderful music. Thank you for always believing in me to work in my gift. To Daniel Weiss and The Shanachie Record team, thank you for making sure that everything is in check and running well.

***Music and Arts** The Heavyweights are some of the most gifted producers ever to hit the scene and I thank you for the integrity in which you worked and the privilege to have labored with your entire organization from your wealth of musicians to the singers and engineers. Ten songs in five days is pretty amazing to me so we're all kin now! Lol! Minister of Music Roy Crayton your gift is incredible on "One Night Of Love" and I'm so honored to be working with you on this project as well as our church home. Drexina Nelson you take a mean picture girl. Nobody shoots me except you now. Thank you for keeping me right on film. Kelvin Myers you are one of the most outstanding make-up artists in the world. Paint on...To Alana Agostini who shaped the heck out of my ponytail thank you for putting a twist on an old style, but making it look and feel brand new.

This project is dedicated to Mervyn Dash, Vaughn Harper, Blue Lovett and Nancy Wilson. I pray that I've made you all proud because it's of extreme honor and distinction to know you all. I love you, Regina B.

To all of those names that I forgot to mention please charge it to my head and not my heart. I have an AARP card now thanks to Andre Colona, Edna Kane-Williams and JoAnn Jenkins, I'm loving it!

The Producers wish to thank: Anthony Gordon / Avid Technologies; Randy Fuchs / Lewitt Microphones; **Mike Dardashti / Snowsound Acoustic Panels**; Ben McLane, Esq. / McLane & Wong; Larry Plummer / LP2 Music Group

My brother Bern, To one of the greatest musicians that I've ever known my blood my brother Bernard Belle. I celebrate you for your intense criticism you've always given me because it's made me better. You've loved me so much and have protected me from myself when I wanted to quit because the business was "too" hard. But you helped me to understand what I was made of by telling me we're rooted from the same tree. So if I stopped standing it would pull you down.

People love you because you make them laugh and I do too. They love you for the ASCAP Awards, your writing ability and let's not forget your musicianship (many folk don't know that you sing your face off), your celebrity and although I celebrate you for all those things and more I just love you cause there would never be a me in the person of who I am, without you! I love my brother Bern, -Gine

On this album Regina brings together all the elements that have made her a beloved icon— heartfelt, soulful singing, inspirational lyrics and her magnificent voice— making this her finest album to date!

1. The Day Life Began
2. He's Alright
3. You Know How To Love Me
4. Imperfect Love
5. You
6. Live 4 You
7. You Saw The Good In Me
8. Open Our Eyes
9. A Night Of Love
10. Be Careful Out There

Produced and Arranged by Jamie Jones & Jack Kugell for Heavyweights Entertainment, LLC., Monte Neuble and Tim Stewart
 Executive Producer: Andi Howard



Visit Shanachie's website at shanachie.com and get information on all our new releases as well as our extensive catalog of titles.
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